



Rose | USMC | Ecuador | 2013

This summary of a typical Ecuadorean in *Morochos* Ecuador is like making a point form definition of photosynthesis. That is, after at least 4 pages of diary every day, there's so much more I'd love to tell you than space gives me:

6:00 - Wake up. Fight cold to walk in the river by the valley. it was cold and early, but I never regretted a second of it.

6:45 - Help Mumi with Breakfast (Colada/soup, tea and buns), Help milk cows, EAT Breakfast! Yum.

7:45 - Walk to daycare (guarderia) with my 4 year old host niece. 15 Minutes up scenic mountain

8:00 - 2:00 - Time in daycare. Play, feed kids breakfast. 2 hours playing with babies. Snack. 2 more hours playing with babies. Lunch. Play with children until you decide you could easily fall asleep standing up.

2:00 - walk home.

2:00 - 6:30 Free time. Go to town, walk, learn how to sew, bring in cows with Mumi, play with host family, dance with 4 year old host niece, try and learn Spanish or (better) Kitchewa... etc etc. the time is yours, grow with it.



6:30 - 8:00 - Prepare dinner with host mom, eat it until she tells you that you're tired..

8:00 - 10:00 - I took this time for personal time. Run on the spot for a while, write in journal, read, memorize a poem...

10:00 - BED!!

